

**The Tenth Sunday after Pentecost: Proper 13**  
**August 1, 2021**  
**9:30 am**

PRELUDE

*All stand, as able.*

HYMN 304

I come with joy to meet my Lord

*Unison or harmony*

1 I come with joy to meet my Lord, for -  
 2 I come with Chris - tians far and near to  
 3 As Christ breaks bread and bids us share, each  
 4 And thus with joy we meet our Lord. His  
 5 To - geth - er met, to - geth - er bound, we'll

1 giv - en, loved, and free, in awe and won - der  
 2 find, as all are fed, the new com - mu - ni -  
 3 proud di - vi - sion ends. That love that made us  
 4 pres - ence, al - ways near, is in such friend - ship  
 5 go our dif - ferent ways, and as his peo - ple

1 to re - call his life laid down for me.  
 2 ty of love in Christ's com - mun - ion bread.  
 3 makes us one, and stran - gers now are friends.  
 4 bet - ter known: we see, and praise him here.  
 5 in the world, we'll live and speak his praise.

Words: Brian A. Wren (b. 1936), alt. Copyright ©1971 by Hope Publishing Company. Music: *Land of Rest*, American folk melody; adapt. and harm. Annabel Morris Buchanan (1889-1983) Copyright ©1938 by J. Fischer & Bro., a division of Belwin-Mills Publishing Corp. Copyright renewed. All rights reserved. Used with permission.

OPENING ACCLAMATION

*Celebrant:* Blessed be God: Father, Son, and Holy Spirit.

*People:* **And blessed be his kingdom, now and for ever. Amen.**

THE COLLECT OF PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

GLORIA IN EXCELSIS DEO (S-280)

1. Glo - ry to God in the high - est, and  
peace to his peo - ple on earth. 2. Lord God, heaven - ly  
King, al - might - y God and Fa - ther, we wor - ship you, we  
give you thanks, we praise you for your glo - ry. 3. Lord Je - sus  
Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you  
take a - way the sin of the world: have mer - cy  
on us; 5. you are seat - ed at the right hand of the Fa - ther: re -  
ceive our prayer. 6. For you a - lone are the Ho - ly One,  
you a - lone are the Lord, 7. you a - lone are the Most  
High, Je - sus Christ, with the Ho - ly Spi - rit, in the  
glo - ry of God the Fa - ther. A - men.

THE COLLECT OF THE DAY

*Celebrant:* The Lord be with you.

**People: And also with you.**

*Celebrant:* Let us pray.

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

*All sit for the lessons*

FIRST LESSON

Exodus 16:2-4,9-15

A reading from the Book of Exodus.

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger." Then the LORD said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not." Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the LORD, for he has heard your complaining.'" And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the LORD appeared in the cloud. The LORD spoke to Moses and said, "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God.'" In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the LORD has given you to eat."

The Word of the Lord.

**People: Thanks be to God.**

PSALM 78:23-29

- 23 So he commanded the clouds above \*  
and opened the doors of heaven.
- 24 He rained down manna upon them to eat \*  
and gave them grain from heaven.
- 25 So mortals ate the bread of angels; \*  
he provided for them food enough.
- 26 He caused the east wind to blow in the heavens \*  
and led out the south wind by his might.
- 27 He rained down flesh upon them like dust \*  
and winged birds like the sand of the sea.
- 28 He let it fall in the midst of their camp \*  
and round about their dwellings.
- 29 So they ate and were well filled, \*  
for he gave them what they craved.

A reading from the Letter of Paul to the Ephesians.

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he made captivity itself a captive; he gave gifts to his people." When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things. The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

The Word of the Lord

**People: Thanks be to God.**

All stand, as able

HYMN 343

Shepherd of souls, refresh and bless

1 Shep - herd of souls, re - fresh and bless thy cho - sen  
 2 We would not live by bread a - lone, but by thy  
 3 Be known to us in break - ing bread, and do not  
 4 Lord, sup with us in love di - vine thy Bo - dy

pil - grim flock with man - na in the  
 word of grace, in strength of which we  
 then de - part; Sa - vior, a - bid with  
 and thy Blood, that liv - ing bread, that

wil - der - ness, with wa - ter from the rock.  
 trav - el on to our a - bid - ing - place.  
 us, and spread thy ta - ble in our heart.  
 heaven - ly wine, be our im - mor - tal food.

Priest: The Holy Gospel of our Lord Jesus Christ according to John.

**People: Glory to you, Lord Christ.**

The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always." Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

The Gospel of the Lord.

**People: Praise to you, Lord Christ.**

THE HOMILY

The Rev. Toni Belhu

*Silence may be kept after the homily.*

*All stand, as able*

THE NICENE CREED

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

PRAYERS OF THE PEOPLE FORM III

Father, we pray for your holy Catholic Church;  
**That we all may be one.**

Grant that every member of the Church may truly and humbly serve you;  
**That your Name may be glorified by all people.**

We pray for all bishops, priests, and deacons, especially José our Bishop, and Toni our Rector;  
**That they may be faithful ministers of your Word and Sacraments.**

We pray for all who govern and hold authority in the nations of the world;  
**That there may be justice and peace on the earth.**

Give us grace to do your will in all that we undertake;  
**That our works may find favor in your sight.**

Have compassion on those who suffer from any grief or trouble;  
**That they may be delivered from their distress.**

Give to the departed eternal rest;  
**Let light perpetual shine upon them.**

We praise you for your saints who have entered into joy;  
**May we also come to share in your heavenly kingdom.**

Let us pray for our own needs and those of others. Today we pray especially for **Roscoe, Josephine, Larry, Bill, Gisela, Catherine, James, John, Susan, Betty, Oscar, Ruth, Corwin, Beth, Jesse, Jenn, Bob, Jane, Annie, Bob, David, Doug, Rob, Stewart, Marsha, Avis, Max, Donald, Amy, Dewey, and all those on our long term prayer list.** Are there others? (Please add the names of others either silently or aloud)

In thanksgiving we pray for those celebrating birthdays and anniversaries in the coming week, especially **David & Kimberly Lloyd (6).**

We pray for all the men and women of our armed forces at home and abroad especially those on our military prayer list, saying together, **Ben, Jeremiah, Daniel, David, Emmanuel, Jason, Christopher, Daniel, Cory, Adam, Michael, Scotty, Jeremy, Nicholas, Nicole, Nathan, Peter, Joseph, Luke, Tony.** We pray also for their families, friends, and neighbors who await their safe return.

We pray for our sister church St. Gabriel's. In the Diocesan Cycle of Prayer, we pray for the Church of the Transfiguration in Bat Cave and Saluda. In the Anglican Cycle of Prayer, we pray for the Church of the Province of South East Asia.

We pray for our missionaries and their work in the world, for **Russ and Heidi Smith in Chile, John and Zsófi Wilson in Hungary, Daniel & Rachel Aytes in Thailand, and Jim & Jennifer Bowers in Mali.**

We pray for St. Francis Day School, and for its students and teachers and their families, that they may grow in stature and wisdom, and in the knowledge and love of your grace and truth.

*Silence*

*The Celebrant adds a concluding Collect.*

THE CONFESSION OF SIN

*The Deacon or Celebrant says*

Let us confess our sins against God and our neighbor.

*Silence may be kept.*

*Minister and People*

**Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.**

THE ABSOLUTION

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

*Celebrant:* The peace of the Lord be always with you.

***People:* And also with you.**

*The ministers and people greet each other in the name of the Lord.*

# THE HOLY COMMUNION

## THE OFFERTORY SENTENCE

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

*All stand, as able*

HYMN 492

Sing Ye Faithful



1 Sing, ye faith - ful, sing with glad - ness, wake your no - blest,  
2 Sing how he came forth from hea - ven, bowed him - self to  
3 So, he tast - ed death for mor - tals, he, of hu - man -  
4 Now on high, yet ev - er with us, from his Fa - ther's



sweet - est strain, with the prais - es of your Sa - viour  
Beth - lehem's cave, stooped to wear the ser - vant's ves - ture,  
kind the head, sin - less one, a - mong the sin - ful,  
throne the Son rules and guides the world he ran - somed,



let his house res - ound a - gain; him let all your  
bore the pain, the cross, the grave, passed with - in the  
Prince of life, a - mong the dead; thus he wrought the  
till the ap - point - ed work be done, till he see, re -



mu - sic hon - or, and your songs ex - alt his reign.  
gates of dark - ness, thence his ban - ished ones to save.  
full re - demp - tion, and the cap - tor cap - tive led.  
newed and per - fect, all things gath - ered in - to one.

Words: John Ellerton (1826-1893), alt.

Music: *Finnian*, Christopher Dearnley (b.1930) Copyright © by permission of Oxford University Press. All rights reserved. Used with permission.

*All stand, as able, as the offering is presented, singing together the Doxology.*

THE DOXOLOGY

Tune: *Old 100<sup>th</sup>*

**Praise God, from whom all blessings flow;  
praise him, all creatures here below;  
praise him above, ye heavenly host:  
praise Father, Son, and Holy Ghost. Amen.**

THE GREAT THANKSGIVING - Prayer A

*The people remain standing.*

*Celebrant:* The Lord be with you.

**People:** **And also with you.**

*Celebrant:* Lift up your hearts.

**People:** **We lift them to the Lord.**

*Celebrant:* Let us give thanks to the Lord our God.

**People:** **It is right to give him thanks and praise.**

*Then the Celebrant proceeds*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

PROPER PREFACE

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

SANCTUS (S-129)

*Celebrant and People*

Ho - ly, ho - ly, ho - ly Lord, God of pow-er and  
might, hea - ven and earth are full of your glo - ry. Ho -  
san - na in the high - est. Bless - ed is he who  
comes in the name of the Lord. Ho - san - na in the high - est.\_\_\_\_\_

*The people stand or kneel.*

*Then the Celebrant continues*

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

*Celebrant and People*

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

*The Celebrant continues*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to pray,

*People and Celebrant*

**Our Father, who art in heaven,**

**hallowed be thy Name,**

**thy kingdom come,**

**thy will be done,**

**on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses,**

**as we forgive those**

**who trespass against us.**

**And lead us not into temptation,**

**but deliver us from evil.**

**For thine is the kingdom,**

**and the power, and the glory,**

**for ever and ever. Amen.**

## THE BREAKING OF THE BREAD

*The Celebrant breaks the consecrated Bread.*

*Celebrant:* Alleluia. Christ our Passover is sacrificed for us;

***People:* Therefore let us keep the feast. Alleluia.**

## AGNUS DEI

O Lamb of God, that takes away the sins of the world,  
**have mercy upon us.**

O Lamb of God, that takes away the sins of the world,  
**have mercy upon us.**

O Lamb of God, that takes away the sins of the world,  
**grant us thy peace.**

## ADMINISTRATION OF THE SACRAMENT

*Please come forward to the altar rail receive Holy Communion, coming forward one pew at a time. When waiting in the center aisle, stand to the right to give space to those returning to their pew. On the right-hand side, a minister will offer you the consecrated bread. Gluten-free wafers are available upon request. If you wish to receive a blessing instead of the bread, simply cross your arms over your chest. Then, on the left-hand side, a minister will offer you a disposable cup of consecrated wine. For safety reasons, we will not share the common cup of wine at this time. Once you have received the wine, place the disposable cup on the tray held by the usher, and then return to your pew through the center aisle.*

One bread, one bod-y,

The first system of the hymn features a vocal line and a piano accompaniment. The key signature is one sharp (F#) and the time signature is 4/4. The vocal line begins with a whole rest, followed by a quarter rest, then a quarter note G4, a quarter note A4, and a quarter note B4. The piano accompaniment consists of a steady bass line and a treble line with chords. A repeat sign is placed above the vocal line after the first measure.

one Lord of all, one cup of

The second system continues the melody. The vocal line has a quarter note G4, a quarter note A4, a quarter note B4, and a quarter note C5. The piano accompaniment provides harmonic support with chords and a bass line. A repeat sign is placed above the vocal line after the first measure.

bles - ing which we bless. And we, though

The third system continues the melody. The vocal line has a quarter note G4, a quarter note A4, a quarter note B4, and a quarter note C5. The piano accompaniment provides harmonic support with chords and a bass line. A repeat sign is placed above the vocal line after the first measure.

man - y, through-out the earth, We are one

The fourth system concludes the hymn. The vocal line has a quarter note G4, a quarter note A4, a quarter note B4, and a quarter note C5. The piano accompaniment provides harmonic support with chords and a bass line. A repeat sign is placed above the vocal line after the first measure.

*Last time* ⊕

bod - y in this one \_\_\_\_\_ Lord. \_\_\_\_\_

*Last time* ⊕

1. Gen - tile or Jew, ser - vant or  
 2. Man - y the gifts, man - y the  
 3. Grain for the fields, scat - tered and

1. free, wom - an or man, \_\_\_\_\_  
 2. works, one in the Lord \_\_\_\_\_  
 3. grown, gath - ered to one \_\_\_\_\_

*D.S.*

1. \_\_\_\_\_ no more. \_\_\_\_\_ One  
 2. \_\_\_\_\_ of all. \_\_\_\_\_ One  
 3. \_\_\_\_\_ for all. \_\_\_\_\_ One

*D.S.*

⊕ CODA

Lord. \_\_\_\_\_

THE POSTCOMMUNION PRAYER

*After Communion, the Celebrant says*

Let us pray.

*Celebrant and People*

**Eternal God, heavenly Father,  
you have graciously accepted us as living members  
of your Son our Savior Jesus Christ,  
and you have fed us with spiritual food  
in the Sacrament of his Body and Blood.  
Send us now into the world in peace,  
and grant us strength and courage  
to love and serve you  
with gladness and singleness of heart;  
through Christ our Lord. Amen.**

THE BLESSING

HYMN 690

Guide me O thou great Jehovah

1 Guide me, O thou great Je - ho - vah, pil - grim through this  
2 O - pen now the crys - tal foun-tain, whence the heal - ing  
3 When I tread the verge of Jor - dan, bid my anx - ious

bar - ren land; I am weak, but thou art might - y;  
stream doth flow; let the fire and cloud - y pil - lar  
fears sub - side; death of death, and hell's de - struc - tion,

hold me with thy power - ful hand; bread of hea - ven,  
lead me all my jour - ney through; strong de - liv - erer,  
land me safe on Ca - naan's side; songs of prais - es,

The musical score consists of three systems of music. Each system has a vocal line (treble clef) and a piano accompaniment line (bass clef). The key signature is one sharp (F#), and the time signature is common time (C). The lyrics are printed below the vocal line of each system.

bread of hea - ven, feed me now and ev - er -  
 strong de - liv - erer, be thou still my strength and  
 songs of prais - es, I will ev - er give to

more, shield, thee, feed me now and ev - er - more.  
 be thou still my strength and shield.  
 I will ev - er give to thee.

Words: William Williams (1717-1791); tr. Peter Williams (1722-1796), alt. Music: *Cwm Rhondda*, John Hughes (1873-1932)

#### THE DISMISSAL

*Celebrant:* Let us go forth in the name of Christ. Alleluia, Alleluia.

***People:* Thanks be to God. Alleluia, Alleluia.**

#### LONG TERM PRAYER LIST:

Addison, Zoey, Courtney, Tom, Harper, Emmanuel, Kimberly, Maureen, Edmonds, Diana, Michael, Tony, Becca, Brian, Burtchus, Jane, Christine, Sally, Paige, Alan, Pam, Ricky, Beverly, Lee, Mike, the Snelgrove family, Danielle, the Taft family, Dickinson, Jane, Anna, Linda, Roy, Janice, Jenny, Michael, Bud, Danny, Rob, Gordon, Cullin, June, Billy, Donovan, Maddox, Sutton, Megan, Hunter, Phyllis.

**Worship Leaders**

**9:30 am**

Usher – Kathy Demas

Greeter – Jason Abrams

1<sup>st</sup> Lesson – Robin DeLorenzo

2<sup>nd</sup> Lesson – Lucinda Humphries

Chalicerist – Dee Ullrich